



3. What does it mean to struggle with fear? The word struggle (as a verb) means: make a forceful or violent effort to get free of restraint or constriction. To scuffle, contend, fight or wrestle with someone or something. John Piper says that “**fear can be a manifestation of pride** or a lack of trust in a higher power.” John went on to say “Pride isn’t only a puffed-up sense of misplaced confidence, it’s also doubting who God made us to be, and who He is. Fear can be deceptive and anxiety plays a major role in that deception. So the struggle begins!! Anxiety, is one of the “branches of fear” (fear has more than one you know) and its intense message is always reminding us of something we may tried to accomplish but failed at or it plays “**mind games**” by saying other negative messages like “**you have never done anything like this - who do you think you are?**” **Don’t give in to the deception of fear and anxiety.**

4. Is facing your fears a good thing? Fears help you develop courage. Bran thought about it. ... You don't develop bravery and courage in the **good** times, you develop them when you actually confront **fears**. If you were once afraid of starting **your** own business, but did it anyway, you know the terror, but also the reward that comes from **facing fears** head on.

5. Why Fear is the Entrepreneur’s Best Friend (most times) fear helps an entrepreneur decide and/or discover what’s real. When you take the time to actually define your fears, you learn to separate fact from fiction. This is an important distinction. Some things you’re afraid of will be valid, but many will be mental worst-case scenarios that have simply spiraled further in your mind than they ever will or would in reality. The Famous Mark Twain once put pen to paper and said: *I've had a lot of worries in my life, most of which never happened.* - -Mark Twain

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